## Recommendation for the Teaching Mobility Applicants

- It is advised that the proposed teaching activity be detailed in terms of the content and the level of targeted students, be relevant to the academic staff specialization, and indicative of the expected results on students and on the academic staff self-development.
- It is advised, when contacting the host academic institution to acquire an invitation or a pre-approval letter for the proposed teaching activity, to request that the letter reflects their interest in the activity and the coordination between the host institution and the academic staff.
- It is advised that the motivation statement reflects a high degree of motivation and should be persuasive.